

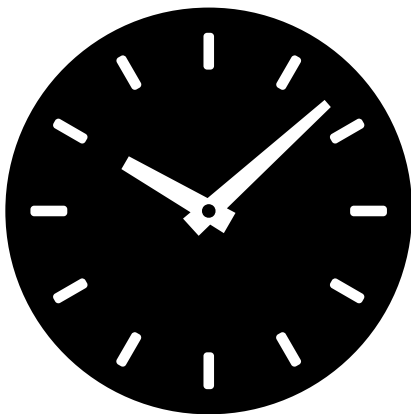
Swimming Lessons



I will be going to swimming lessons with my class and teachers. We will go on the bus.

On my bus, there will be other classes who are also going to swimming lessons.

The swimming lessons will take place at Booragoon LeisureFit.



We will leave school at _____. I will come to school in my swimming clothes. I will wear my school uniform on top or it will be packed in my swimming bag to put back on after the lesson.

My teacher will tell me when it is time to leave the classroom.

I will take my towel, goggles and thongs and line up outside my classroom.



With my teachers and class, we will walk quietly to the bus. The bus will be waiting for us outside the school.

We will go through the gate near Room 50.



We will line up next to the bus. As we get on the bus, my teacher will count how many students get on.

The bus might be noisy. If it's bothering me, I can talk to my teacher. My teacher might let me sit at the front of the bus. Or I can look out the window and see all sorts of things.

When the bus arrives at the pool, we will walk quietly off the bus. I will line up with my class and we will walk in a line into the swimming pool.

We will use the special school door at the back of the pool.



I will put my towel and thongs on the silver benches next to the pool. I will meet my swimming teacher here.

I will sit on the bench and wait.



When I get into the swimming pool, I might get splashed and will be asked to put my head under the water.

The swimming teacher will look after me whilst I am in the pool.

I must be calm and listen.

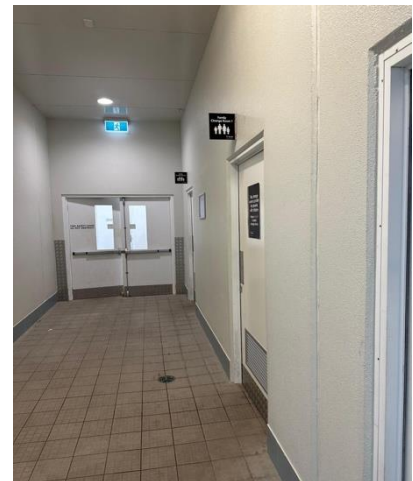




My swimming lesson may take place in the big pool. Or it may take place in the smaller, shallow pool.

My swim teacher will tell me what pool to go into. It will be ok, and I will be safe. It is important to listen to what my teachers tell me.

If I need to go to the toilet at the swimming pools, I can ask my teacher and they will take me. I must not go on my own. We will go to one of the family change rooms.



At the end of the swimming lesson, the whistle will blow 3 times. I will stay calm when this happens.

I will follow my swim teacher's instructions and get out of the pool.





When I am out of the pool, I will walk to the bench and go and get my towel and thongs. My towel will keep me warm and dry.

I will then line up quietly with my class and wait for the next instructions.



When everyone is ready, I will walk, not run with my class and teachers back to the bus.

When I get back to school, I will need to go to the toilet and get changed out of my swimming clothes and into my uniform, unless my lesson is at the end of the day.

My swimming things, swimsuit, towel, goggles, and thongs will need to go in a bag ready for me to take home at the end of the day.



When I am ready, we will be able to have something to eat and a drink. We might even have a quick play.



My teachers will tell me if we have play time.