

The program (times are approximate) is as follows:

9.20am - Long Distance Running (Year 3: 200m and Years 4 – 6: 400m)

(No heats– Division A-C each using timing gates)

10.20am - Jumps and Throws

Rotation	Jumps Pit (6)	Jumps Pit (7)	Jumps Pit (3)	Jumps Pit (5)	T-Ball (11)	T-Ball (12)	Turbo Jav (15)	Turbo Jav (16)
1	Year 5 Girls T.J.	Year 5 Boys T.J.	Year 3 Boys L.J.	Year 3 Girls L.J.	Year 6 Boys	Year 6 Girls	Year 4 Boys	Year 4 Girls
2			Year 5 Boys L.J.	Year 5 Girls L.J.	Year 3 Boys	Year 3 Girls	Year 6 Boys	Year 6 Girls
3	Year 6 Boys T.J.	Year 6 Girls T.J.	Year 4 Boys L.J.	Year 4 Girls L.J.	Year 5 Boys	Year 5 Girls	Year 3 Boys	Year 3 Girls
4	Year 6 Boys L.J.	Year 6 Girls L.J.			Year 4 Boys	Year 4 Girls	Year 5 Boys	Year 5 Girls

Finish 1:50pm.

Langford Athletics Venue Map:

